



Kids Yoga ♥ with Kim

Wednesdays at 10-10:45

Ages 3-6

Free Demo January 25th

Classes Start February 1st

Please wear comfy clothes and bring a water bottle

Call/Txt Kim to Reserve Your Spot

239-293-1686

Sharing her love of fitness has been a passion of Kim's for most her life.

She has taught Yoga for 4 years and been a teacher and coach for 9 years working with all ages.



PEAK
HEALTH & WELLNESS CENTER